



# St. Demetrius Ukrainian Orthodox Cathedral

[www.stdemetriusuoc.org](http://www.stdemetriusuoc.org)

641-645 Roosevelt Ave.

Phone: mobile (732) - 209 - 5994

Rev. Fr. Ihor Protsak

[fr.i.protsak@uocofusa.org](mailto:fr.i.protsak@uocofusa.org)

Protopresbyter Dr. Taras Chubenko, Pastor Emeritus



Epistle: Heb.11:24-26, 32-12:2.

Gospel: Jn. 1:43-51

**SUNDAY, MARCH 1<sup>ST</sup> 2026 – 1<sup>ST</sup> SUNDAY OF GREAT LENT.**

***ORTHODOXY SUNDAY TONE - 5***

***Glory to Jesus Christ!***

**TODAY'S SERVICES:**

**HOLY SACRAMENT OF CONFESSION – 9:00 A.M.**

**DIVINE LITURGY – 9:30 A.M.**

***(DIVINE LITURGY FOLLOWED BY THE PROCESSION OF THE ICONS)***

**COFFEE HOUR SERVED BY PARISHIONERS AFTER DIVINE LITURGY *(SOCIAL ROOM)***

***Services for the week:***

**MARCH 4<sup>TH</sup> WEDNESDAY – PRESANCTIFIED LITURGY 6:30 P.M.**

**MARCH 6<sup>TH</sup> FRIDAY – PRESANCTIFIED LITURGY (+ SOROKOUSTA) 6:30 P.M.**

**MARCH 8<sup>TH</sup> – 2<sup>ND</sup> SUNDAY OF GREAT LENT (GREGORY PALAMAS)**

***DIVINE LITURGY 9:30 A.M.***

***COFFEE HOUR SERVED BY SR. UOL CHAPTER AT ST. DEMETRIUS CENTER***

***Altar Servers:*** Sub deacon Qorey Carter, Bryce Buitrago, Ryan Fealy.

***Readers:*** Subdeacon Thomas Bodnar, Brandon Banko.

***PLEASE CONTINUE TO PRAY FOR:*** Alice, Kathy B; Catherine Shaffer, Joyce and Raymond Wizna, Diane (Decibus) Morgan, Michael Hrycuna, Richard Hrycuna, John Decibus, John Zelenak, Veronica Deli, Nancy Grabie, Sarah Rowland and the children of God: Sophia Mazan plus Jacob, Jonathan and Sofia. Also remember all the sick, the suffering, those in hospitals and nursing homes, and all the men and women in the US Military who serve all of us and our country. Please keep them in your prayers daily, asking God's protection upon them all.

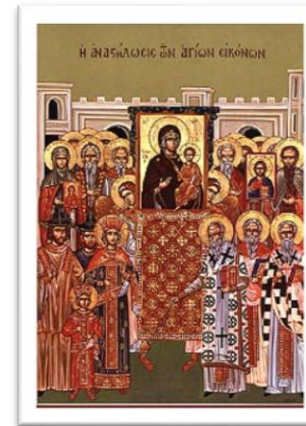
***Happy Birthday!*** – Our Parish Congregation sincerely expresses greetings to our Brothers and Sisters of **St. Demetrius Ukrainian Orthodox Cathedral** who celebrate Birthdays in the following week of March: **MARTA DELI, LISAMARIE BANKO.** May the Lord God Almighty send upon you His Blessings for many blessed years!

***If you would like to have a birthday or special event announced in the bulletin for upcoming week for a family member or friend not on our Church roster, please consider making a donation to the building fund in their honor***



***Thank you!***

*To all our Parishioners and people of St. Demetrius Family, we express our sincere thankfulness for your generous donations toward Flowers that make our Temple beautiful. **May God bless!***



## **WHY ORTHODOXY SUNDAY?**

The first Sunday of Great Lent is called the Sunday of Orthodoxy because it commemorates the restoration of the Holy Icons and the triumph of the Orthodox Faith against the terrible heresy of the Iconoclasts, i.e. those heretics who refused to honor the Holy Icons. For more than a hundred years the Church was disturbed by the evil doctrine of iconoclasm.

The first Emperor to persecute the Church was Leo the Isaurian, and the last was Theophilos, the spouse of Saint Theodora (February 11), who reigned after her husband's death and re-established Orthodoxy in the time of Patriarch Methodios (June 14). Empress Theodora proclaimed publicly that we do not kiss the Icons as a sign of worship, nor do we honor them as "gods," but as images of their prototypes.

In the year 843, on the first Sunday of the Fast, Saint Theodora and her son, Emperor Michael, venerated the Holy Icons together with the clergy and the people. Since that time this event has been commemorated every year, because it was definitively determined that we do not worship the Icons, but we honor and glorify all the Saints who are depicted on them. We worship only the Triune God: the Father, the Son and the Holy Spirit, and no one else, neither a Saint, nor an Angel.

Originally, the Holy Prophets Moses, Aaron, and Samuel were commemorated on this Sunday. The Alleluia verses appointed for today's Liturgy reflect this older usage.

**ALL EMERGENCIES: PLEASE MAKE SURE TO CALL FATHER Ihor for any and all emergencies – for hospital, nursing home, or home visitations. Please call his Cell number 732-209-5994, if necessary, please leave a voice message, Father will return your call as soon as possible.**