

# St. Demetrius Ukrainian Orthodox Cathedral



[www.stdemetriusuoc.org](http://www.stdemetriusuoc.org)

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Rev. Fr. James Cairns, Pastor

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Protopresbyter Dr. Taras Chubenko, Pastor Emeritus



**Epistle** Gal. 1:11-19

Tone 6

**Gospel:** Mat. 2:13-23

**January 10<sup>th</sup>, 2021 – 31<sup>st</sup> Sunday after Pentecost**

**Sunday after Nativity**

**TODAY'S SERVICES:** *Today's Greeter: Stan Nartowicz*

Sun. 9:00am Divine Liturgy – 31<sup>st</sup> Sunday after Pentecost - Sunday after Nativity, The 20,000 Martyrs of Nicomedia, including Glycerius, Zeno, Theophilus and others (302). Apostle Nicanor the Deacon (34).

Sun. 10:45am Church Board Meeting at the Center

**SERVICES FOR THE WEEK:**

Sun. 9:00am Pro-Liturgy – 32<sup>nd</sup> Sunday after Pentecost – Father Deacon Valentin Olynyk serving

**NEXT WEEK's Greeter: TBD**

**Altar Servers:** Subdeacon J.D. Cairns, Qorey Carter, Ryan Fealy

**Reader:** Subdeacon Thomas Bodnar or Subdeacon J.D. Cairns

**PLEASE CONTINUE TO PRAY FOR:** Diane Decibus Morgan, John Piropato, Peter Prociuk, John Duma, John Zelenak, William Stokes, Hilda Zuccaro, Thomas Zuccaro, Joseph Nardi, Olga Piropato, Nancy Gracie, Robert Cousins, Chester Bohanek Jr., Mary Wrubleski, Margaret York, Ronald York, Ann Holoob, Jeanette Stokes, Pani Mary Ann, Bruce Wadiak, Patty Tucker, Michelle Goldberg, Alan Toth, Raymond Wizna, Catherine Ann Bylinski, Anna Muzyka, Kathleen Ward, Olivia Zazworsky, Andrew, Christopher, Sarah, Arthur, Debra, James, Rick, Jerome & children Karina, Oskar, Tessa, Robert, Jacob, and Jonathan, remembering all the sick, the suffering, those in hospitals and nursing homes, and all the men and women in the US Military, especially Vitaly Pacej, who serve our country and all of us. Please keep them in your prayers daily, asking God's protection upon them all.

**HAPPY BIRTHDAY TO:** Jennifer Deli, Christine Zmigrodski, Katelyn Chubenko, Makayla Reyes, and Patrick Tucker, and all those celebrating birthdays or special intentions, may the Lord grant you all "Many Blessed Years, Mnohaya Lita!"

**\*\*\*COFFEE HOUR TODAY AT THE CENTER  
HOSTED BY SR. UOL\*\*\***

**The Church needs you (Still)!** Thank you to everyone who has been generously making donations to the church's building fund. As promised last week, the building committee has prioritized the next set of projects and created budget for each. They are as follows: Gutters for the Pavilion - \$2000; Security fencing around the center - \$4500; New Commercial Refrigerator for the Center - \$2000. When we finish these, we will start to create budgets for other projects previously mentioned.

**Thank you!** – We thank the following individuals for their generous donations to the building fund: Marty Dowling in memory of Joseph and Helena Szymonifka, Joanne Mazon in memory of Joseph Spoganetz, Joanne Mazon in memory of Stella Meka.

## SMALL CATECHISM (What every Orthodox Christian should know)

Instruction about Prayer
<i>What Distracts Prayer</i>
1. An excess of food, drink or sleep.
2. An excess of any things that can tempt the spirit and make it indifferent and insensitive to spiritual treasures and can lead to an obsessiveness and compulsion to sin.
3. Spitefulness and anger.
4. An unhealth obsession with your profession, work or worldly matters. You concern yourself with these matters during most of the day. Leave them for a few moments during your time in prayer.
5. Desire to satisfy the excessive pleasures of the body.
6. All great and minor sins for which we do not repent. They remove us from God and lead us closer to greater temptation and evil..

All Saints Camp Lucky Calendars for 2021 will be available mid-January. If you are interested in purchasing one or more, please contact **Nadja Mrak** at 732-259-7306. Thank you for your support.

**ALL EMERGENCIES:** PLEASE MAKE SURE TO CALL FATHER JAMES for any and all emergencies – for hospital, nursing home, or home visitations. PLEASE call his Cell number 732-619-3259, if necessary, please leave a voice message, Father will return your

call. THANK YOU.