

St. Demetrius Ukrainian Orthodox Cathedral



www.stdemetriusuoc.org

641-645 Roosevelt Ave.

Phone: (732) 541-1530 – mobile (732) 619-3259

Rev. Fr. James Cairns, Pastor

frjamescairns@gmail.com

Protopresbyter Dr. Taras Chubenko, Pastor Emeritus



Epistle: Rom. 13:11–14:4;

Tone 8

Gospel: Mt. 6:14-21

March 17th – Cheesefare Sunday, of Forgiveness

TODAY'S SERVICES:

Sun. 9:00am Pro-Liturgy – Cheesefare Sunday, of Forgiveness
Expulsion of Adam from the Paradise of Bliss. St. Gerasimus of the Jordan (475). St. Julian, patriarch of Alexandria (189). St. James the Faster of Phoenicia (Syria) (6th c.). Martyr Wenceslaus, prince of the Czechs (938). Blessed Basil (Basilko), prince of Rostov (1238)

Thank you to Father Deacon Val Olynyk for serving today

SERVICES FOR THE WEEK

Tues. 7:30pm Bible Study – Cancelled this week
Sun. 9:00am Divine Liturgy – 1st Sunday of the Great Lent: Triumph of Orthodoxy
Sun. 10:20am Triumph of Orthodoxy Procession
Sun. 4:00pm Sunday of Orthodoxy Vespers – St. John the Baptist ACROD Parish – 145 Broad Street, Perth Amboy

Altar Servers: Subdeacon Daniel Mazan, Qorey Carter, Ryan Fealy, Daniel Mazan, Bryce Buitrago

Readers: Subdeacon Thomas Bodnar, Subdeacon Daniel Mazan, Qorey Carter, Ryan Fealy

PLEASE CONTINUE TO PRAY FOR: Stephen Banko, Leigh Buitrago, Nicholas Chichik, David Deli, Peter Meka, Robert Cousins, Joan Nardi, Marci Pusillo, Richard Hycuna, Diane (Decibus) Morgan, Charlie Morgan, John Pirocato, John Zelenak, Joseph Nardi, Olga Pirocato, Nancy Grabie, Margaret York, Ronald York, Bruce Wadiak, Patty Tucker, Raymond Wizna, Catherine Ann Bylinski, Kathleen Ward, Olivia Zazworsky, Andrew, Christopher, Sarah, David, Alexander, Joseph, John, Kirsten,

John, David, Michael, Jerry, William, and Olga. & children Timothy, Mary, Oskar, Tessa, Robert, Jacob, and Jonathan, remembering all the sick, the suffering, those in hospitals and nursing homes, and all the men and women in the US Military, especially Subdeacon Vitaly and Subdeacon James, who serve our country and all of us. Please keep them in your prayers daily, asking God's protection upon them all.

ADULT BIBLE STUDY: Cancelled this week.

HAPPY BIRTHDAY TO: Peter Prociuk, Jessica Chubenko and Mary Velez and all those celebrating birthdays or special intentions, may the Lord grant you all “Many Blessed Years, Mnohaya Lita!”

CHEESEFARE SUNDAY OF FORGIVENESS- Forgiveness Sunday, also called Cheesefare Sunday, is the final day of pre-Lent. It is the Sunday after Meatfare Sunday and the Sunday before the Sunday of Orthodoxy.

On this last Sunday before Great Lent, the last day that traditionally Orthodox Christians eat dairy products until Easter, the Church remembers the expulsion of Adam and Eve from Paradise. God commanded them to fast from the fruit of a tree (Gen. 2:16), but they did not obey. In this way Adam and Eve and their descendants became heirs of death and corruption.

On Forgiveness Sunday many attend Forgiveness Vespers on the eve of Great Lent. They hear on the Lord's teaching about fasting and forgiveness and enter the season of the fast forgiving one another so that God will forgive them. If you forgive men their trespasses, your heavenly Father will forgive you; but if you do not forgive men their trespasses, neither will your heavenly Father forgive you your trespasses (Matthew 6:14).

The Gospel reading of the day also gives advice on fasting. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. (Matthew 6:16-18).

The Last day before the Great Lent

ALL EMERGENCIES: PLEASE MAKE SURE TO CALL FATHER JAMES for any and all emergencies – for hospital, nursing home, or home visitations. PLEASE call his Cell number 732-619-3259, if necessary, please leave a voice message, Father will return your call. THANK YOU.